



The Kiwanis Club of Williamsburg

www.williamsburgkiwanis.org

Kiwanogram

May 26, 2010

Meeting Location

Woodlands Conf. Center—Cascades Room

This Week's Program

Richard Harris

Obesity Prevention Project

Menu

Club Sandwich w/Turkey, Bacon,
Cheese, Lettuce, & Tomato On Whole
Wheat Toast, Mayonnaise On Side

Upcoming Speakers/Topics

June 2—TBA

June 9—Frank Kowaleski/Teen & Senior Driving

Invocation Song Leader

Bob Petterson

Bill Kelly

RAFFLE TALLY

CARDS LEFT: **50** POT: **\$320**

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*New Board Member



Annual Picnic Marked By Much Music & Merriment

So much food, so much fun to have – and so little time. But those who attended the Annual Picnic at First Colony Park made the most of it, and were rewarded by excellent weather. There was fellowship, dancing – and one guy was even invited to sit in with the band for one number, “Take Me Home, Country Roads.”



Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.

Today's Speaker: Richard T. Harris

Richard has been associated with Sagemark Consulting since 1980 where he has developed a financial planning practice focusing on wealth accumulation and conservation and business succession planning issues.

Throughout his 28-year career with Sagemark he has attained qualification for the company's Chairman's Council four times and President's Cabinet 27 times.

His professional designations include Chartered Life Underwriter, Chartered Financial Consultant and the Certified Financial Planner.

In June of 2003, Richard passed the American College of Sports Medicine certification exam to become a Certified Health & Fitness instructor.

A native of Norfolk, Richard received his bachelor's degree from Old Dominion University and began his career as a teacher and coach. He and his wife, Carol, have three children (daughters, Kelly and Corey, and son, Craig) and three grandchildren (Caroline, Katie and Noah).

He is a deacon at the Virginia Beach Community Chapel, teaches adult Sunday school, and emcees a weekly Bible study. Richard is a past president and



Richard T. Harris

board member of the Chesapeake Rotary Club and is past chairman of the board of the Chesapeake Virginia Crime Line.

Richard's most recent community involvement is with CINCH, (Consortium for Infant and Child Health) in association with Eastern Virginia Medical School. He collaborates with healthcare providers to mobilize individuals, families, and the community to address health issues such as child physical fitness and obesity prevention. He is an advocate for policy and legislative changes that benefit children and families, especially as they relate to physical activity and obesity

prevention.

Richard has published three books: "Who Taught You About Money?," a children's book on money and finance, and "If I Had A Penny..." for younger children learning to count from a penny to a dollar. His most recent book, "I'm Walking, I'm Running, I'm Jumping, I'm Hopping.....," is a fun book for kids that focuses on increased physical activity and making healthy food choices.

His interests include reading, fitness training, volleyball, surfing, and public speaking.

Read About Ray In Latest "Next Door Neighbors" Issue



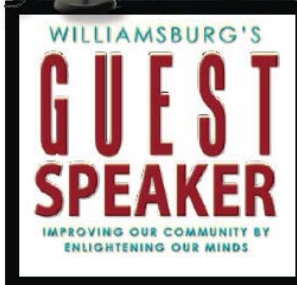
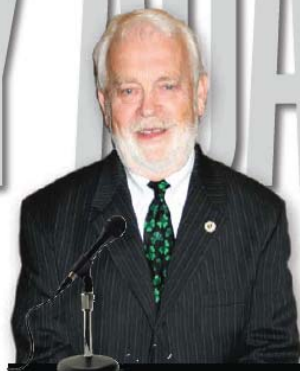
RAY ADAMS

ON THE WILLIAMSBURG KIWANIS CLUB

Raymond "Ray" Adams currently serves as the historian for the Williamsburg Kiwanis Club.

He was born in Henderson, NC, moved to Richmond in 1951, and made his way to Williamsburg in 1966 after serving with the US Army in Korea. Ray received a BS in Business from the University of Richmond and served as the Director of Finance for the City of Williamsburg for 26 years.

Ray joined the Williamsburg Kiwanis Club in June of 1969 and has been an active member ever since. He has held every elected



When was Kiwanis first established in the United States?

Kiwanis was established January 21, 1915 in Detroit, MI. It was called BOB - Brotherhood of Business, and later the name was changed to Kiwanis.

In Williamsburg?
April 28, 1958.

Where does the name Kiwanis come from?
"Nunc-kee-wanis" - meaning we share or trade our talents.

What is the primary focus of the organization?

Kiwanonotes

KI To Announce Next Big World Project on June 24

The next Worldwide Service Project will be revealed on Thursday, June 24, at the 95th Annual Kiwanis International Convention in Las Vegas.

You can actually join the opening session celebration by watching it live on the Internet, Thursday afternoon at www.kiwanis.org/wsp. The exact time will be published on the KI website.

Every child deserves to live a life without threat of illness. Every child should wake up in the morning with a chance to greet a new day. Every child should have a reason to smile.

Kiwanians around the world, including us here in Williamsburg, work every single day to ensure children are safe, healthy, fed, clothed, educated and loved. Kiwanis International is searching for its next global cause—its next Worldwide Service

Project—and is calling on all 586,000 youth and adult Kiwanis-family volunteers to come together to make a difference in the world by helping children in need.

The task will be incredible. The commitment will be huge. Kiwanis is ready to take on the next Worldwide Service Project.

Will you help?

The Kiwanis International Board of Trustees has selected three Worldwide Service Project finalists:

- **Malaria: Malaria No More**
- **Maternal and Neonatal Tetanus: UNICEF**
- **Neglected Tropical Diseases: The Global Network for Neglected Tropical Diseases**

Find out which one is chosen by following the convention starting June 24.

Come Root For The Good Guys When Our Little League Team Plays Rotary

Don't forget to come out and root for our Kiwanis Little League team! We look forward to having a large turnout from our club on Wednesday, June 2, at 7:30 p.m. for a home game at Field #3 located on the right hand side of the WISC building off Longhill Road. Wear your Kiwanis shirts and hats and help us cheer on our team. The concession stand will be fully stocked with the usual ballgame fare, along with some healthier choices, too! Put this on your calendars now and plan on taking yourself and someone else out to the ball game!

Interclub Meeting With Old Point Comfort Club Scheduled for June 1

There will be an Interclub dinner meeting with the Old Point Comfort Club on Tuesday, June 1, at 6 p.m. at the Hilton Garden Inn, 1999 Power Plant Parkway in Hampton. (Exit 263, Mercury Blvd., Rte. 258 South, on left side of ramp, turn left in 0.5 mi. on Power Plant Parkway). We will meet at the Williamsburg Crossing Shopping Center, Rte. 199 and John Tyler Highway, in the main lot near Taco Bell at 5:15 p.m. to car pool. Please e-mail Brian Estes at gbestes@cox.net or by our May 26 meeting if you plan to attend.



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